

~Gluten Free Menu~
Light or Luncheon Fare

All items come on your choice of GF bread

Ketch Grilled Chicken Sandwich - with lettuce and tomato
(Marinated in our "Island Spice")

11.95

Grilled Steak Sandwich - with sautéed onions and peppers
Topped with pepper jack cheese and served with roasted red pepper sauce

12.95

Black Angus Cheeseburger - with lettuce and tomato

13.95

Bacon, Lettuce & Tomato Sandwich - served toasted

8.95

Grilled Ham, Swiss cheese and Tomato Sandwich

9.95

* Above items served with ketch fries and a pickle*

Grilled Haddock Sandwich

Grilled haddock topped with lettuce and tomato

Served with ketch fries and coleslaw

11.95

Lobster Sandwich

Freshly picked lobster meat tossed with just a little mayo on a bed of lettuce

Served with ketch fries and coleslaw

22.95

Lobster Salad

Freshly picked lobster meat with or without mayo over a large green salad

25.95

Bass Harbor Seafood Sandwich

Crab, Haddock and Shrimp mixed with a little mayo

Topped with lettuce, tomato, onion and American cheese

Served with ketch fries and coleslaw

16.95

~ Substitute sweet potato fries for ketch fries for only \$1 more ~

Tossed Green Salad 7.95

Spinach Salad 10.95

Baby spinach, mushrooms, onion, egg mixed greens, tomato, cucumber
& crumbled bleu cheese

Ketch Chicken Luncheon Salad 13.95

Green salad topped with "island spice" marinated grilled chicken breast

Seafood Salad 16.95

Green salad topped with chilled shrimp, haddock & crab meat

We are not a gluten free environment